

# St. Mary's Wollaton Park online for kids

## Sunday 2 May 2021

### Make a postable hug

Today we were thinking about helping each other to keep going in the Christian life. You can cheer up someone at church by posting them this paper hug!

#### You will need:

- Two colours of paper or card
- A pencil/pen
- Scissors
- Glue
- A big envelope (or make one from some more paper)

#### What to do:

Take one piece of paper and fold the short edges so that they meet in the middle. This is the base for your card.

Take the other colour of paper and use it to draw around your hands and cut them out. Use the leftover paper to cut out a heart shape as well.



Now glue the ends of your paper hands to the inside edges of the card (thumbs facing up) to look like arms ready to hug. Stick the heart shape inside the card.

You now have a paper hug – open the card and the hugging arms come out, close it and they fold up ready for posting. Write a message inside, put your card in the envelope and post it to someone you want to encourage.