

## St. Mary's Wollaton Park online for kids Sunday 20 September 2020

### Ready to grow?

You have hopefully received a packet of cress seeds in the post. If not, get in touch with [kate@smwp.co.uk](mailto:kate@smwp.co.uk) and some seeds will be on their way to you!

To remember the story of God the sower, we are going to scatter some seeds of our own. You will need:

- A waterproof tray or plate which fits on your windowsill (old plastic food trays are good)
- Kitchen roll
- Water in a cup
- Your packet of cress seeds



To make good ground for your seeds, fold up pieces of kitchen roll to make a thick layer of paper at the bottom of your tray. Then pour enough water from your cup to make all the kitchen roll damp.

Now you're the farmer sowing seeds: pour the seeds into your hand and scatter them all over the wet paper. Put your seed tray on a windowsill where it will get some light.

Every day you can check your seeds and see how much they have grown. Remember to add a little water each day to keep the paper damp.

When the cress shoots have two leaves, they are ready to eat – ask a grown-up to cut them with scissors. They are yummy in an egg mayonnaise sandwich!

## Listen to God

The really important thing we can do every day is to be like the good ground in the story – listen to God, decide to be his friend, keep believing in Jesus, and tell loads of other people how much he loves them!



## Ready to go!

You could have another listen to this Sunday's song, I'm Ready to Go by Keith and Kristyn Getty: [https://youtu.be/34xPkjK\\_CH0](https://youtu.be/34xPkjK_CH0)