Make a shaker!

- Take the tube from the inside of a toilet roll
- Tape a piece of paper over one endwrapping paper or tissue works well
- Write or draw some things you would like to say thank you to God for or pray for on some small pieces of paper
- Fold those pieces up and put them inside the toilet roll
- Seal over the other end with another piece of wrapping paper or tissue paper.
- Cut out the rectangle with the bible verse on it on the other half of this sheet
- Colour it in or decorate it if you would like to
- Tape it round your shaker

You've finished! Now you can shake along as you sing praises to God!

If one of you is having troubles he should pray.

If one of you is happy, he should sing praises.

James 15:13